

LIFE SKILLS OF INTERMEDIATE STUDENTS

Himabindu Pitta

Sri Vasavi GMR B.Ed. College, Tadepalligudem



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Introduction: Life Skills refers to the skills usually associated with managing and living better quality offline they help us to accomplish our ambitions and Live to our full potential. Life skills include The term psychosocial competencies and interpersonal skills that help people make informed decisions, solve problems, think critically and creatively, communicate effectively, build healthy relationships empathize with other and cope with managing their lives in a healthy and productive manner. Education intrinsically focuses all-round development of children. This alone can provide fully functioning citizens to any society such citizens can contribute to the development of the society, which in turn contributes to the development of the Nation. The focus of education is empowering and enabling children to face boldly and facilitate qualitative transformation of personalities. In this direction, school education has a significant role to play in which we all are partners at different levels.

Intermediate Education: The Board of Intermediate Education, Andhra Pradesh is a board of education in Andhra Pradesh, India. Established in 1971, it was located in Hyderabad, situated in the composite Andhra Pradesh state. The board is now located in Vijayawada after state recognition in 2014. The board offers two-year courses in 85 streams and courses and conduct examinations. Intermediate school is trickier. It always comes between elementary school and high school.

Relation between Life skills and Adolescent: The adolescent age is considered important and remarkable stage of psycho-social development of an individual. In this period, it is important to have emotional balance understanding of their self-value, self-conscious, selection of actual aims of life, emotional independence, making healthy relationships with others, achieving necessary social skills of making friends, knowing effective life style etc. Therefore, helping adolescence in the growth and development of necessary life skills for effective life, creation or increase of self confidence in confronting problems, solving them, to have successful compatibility with social environment and effective and constructive life in society.

Review of Literature

Nair, M.K.C. (2005). Family Life skills and Life skills Education for Adolescents. In his article wrote the adolescence was period of experiencing, and expanding. Adolescence need help and guidance in decision making, problem solving and critical thinking, developing interpersonal skill, self-awareness, and empathy, coping with stress and managing emotion. Under frequent violent outbursts, sudden mood swings and related Interpersonal problems adolescents badly need guidance/counseling and professional help. Extra care and attention were required while offering help. The family, life skills education programmed is a good support system for adolescents at community level.

Sharma S. (2003). Measuring Life skills of Adolescents in a Secondary school of Kathmandu. Researcher has published paper on Measuring Life skills of Adolescents in a secondary school. The objective of the study was to develop a scale to measure Life skills and to assess the levels of Life skills in Adolescents of a Secondary school at Kathmandu. She concluded that most of the teachers were not aware of the concept of Life skills. “Maternal Education was significant associated with higher Life skill levels in Adolescents. Connectedness and family support were other important factor influencing the level of Life skills in the Adolescents”. The paper further insists on life skill education to young people and will also help in their mental and physical development.

Objectives

1. Find out the significant difference between the Life skills of Govt and Private College students.

Find out the significant difference between Life skills of Boys and Girls of Intermediate College

Hypothesis

1. There would not be any significant difference between the life skills of Government and Private Intermediate college students.
2. There would not be any significant difference between the life skills of Boys and Girls of Intermediate college.

Population of the Study: The population of this study included all the students studying in Intermediate colleges of M.P.C, Bi.P.C, C.E.C, H.E.C in West Godavari District. It included students of Government and Private.

Method of Sample: A sample is a small proportion of a population selected for observation and analysis”. It is collected consisting of a part or subset of the objects or individuals of

population which is selected for the express purpose of representing the population.

Sample: Sample selected 12 Intermediate Colleges (1000students) randomly in West Godavari District out of these some are Government (Urban and Rural), Private (Urban and Rural).

Tools Used: There are number of tools to be adopted in any research for the purpose of collecting data. Some of them are questionnaire, rating scales, check lists, observations and interview schedules etc. Each tool is particularly appropriate for collecting data of a certain type. The investigator used the questionnaire as it is found to be more suitable and helpful to present study.

Showing Life skills with respect to Type of Institution

Variable	Sample	Mean	SD	SED	df	“t”value
Govt College	500	121.7	39.18	2.6	998	13.0
Private college	500	155.58	45.4			

Interpretation: The total number of Govt Intermediate College Students 500, and the mean level of Life skills is 121.75, SD is 39.18. The total number of Private Intermediate College Students 500, and the mean level of Lifeskills is 155.58, SD is 45.4. The calculated ‘t’ value is 13.0. For 998 df the table of ‘t’ value is 1.96 at 0.05 level and 2.58 at 0.01 level ‘t’ value is significant as it is greater than the tabular value at 0.05 & 0.01 levels.

Tests used: Mean, Standard deviation, t- test

Showing Life skills of students with respect to Boys and Girls

Variables	Sample	Mean	SD	SED	df	‘t’value
Boys	504	158.91	43.3			
Girls	496	142.29	39.98	2.63	998	6.31

Interpretation

The total number of boys is 504, the mean level of Life skills of boys is 158.91 and value of SD is 43.3, the total number of girls is 496, the mean level of Life skills of girls is 142.29 and value of SD is 39.98 respectively the calculated ‘t’ value is 6.31, For 998 df the table value of ‘t’ is 1.96 at 0.05 level and 2.58 at 0.01 level. ‘t’ value is significant as it is greater than the tabular values. This shows that there was a significant difference among Boys and Girls in Life skills.

Tests Used Mean, Standard deviation, t- test

Conclusion

The calculated 't' value is (13.0) is greater than the tabular value at 0.01 level. Hence there is a significant difference between Govt & Private Intermediate College Students Life skills at 0.01 level, Private college students are having better Life skills than Govt college students. This shows that the Boys are having High level life skill than girls. The calculated 't' value is greater than the tabular at 0.01 level. Hence, there is significant difference in Life skills of Intermediate students with respect to gender.

Reference

UNICEF (2006). *Life Skills Modules- Adolescence Education Programme*. New Delhi. Aruna Mohan, Grand Jayasreek (2006), *Life skills Education*
Garret, H.E. (1966) *Statistics in Psychology and Education*.